Prevent Child Abuse Kentucky™

10 THINGS PARENTS NEED TO KNOW

ABOUT INTERNET SAFETY

1. **Set boundaries inside the home:**
   a. WHO a child communicates with.
   b. WHAT technology children can use.
   c. WHERE a child can go online.
   d. WHEN a child can use technology.
2. **Teach children to protect their name, identity, and reputation while online.**
3. **Have hard conversations about sexting and cyberbullying.**
   a. Positive actions produce positive results.

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INTERNET SAFETY

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4. **Monitor children's electronic devices and online activities.**
   a. Be involved, but don't SPY.
5. **Establish "screen time" limits in the home.**
6. **Keep electronics in a secured area of the home at nighttime.**
7. **Start Early: talk to children about online safety by age 7 or younger if a child has internet access.**
   a. 40% of teens think it is normal for people their age to share explicit images with each other.
8. **Listen Often: listen with empathy and understanding to establish trust.**
9. **Avoid Shame: teach children it is NEVER their fault if someone abuses, betrays, or tricks them.**
10. **REMEMBER! Online predators sound nice and eagerly try to establish an online relationship with children.**

To report online child sexual exploitation, call 1-800-THE LOST or make an online report at report.cybertip.org.

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