Prevent Child Abuse Kentucky™

10 THINGS PARENTS NEED TO KNOW

ABOUT CYBERBULLYING

1. **Cyberbullying is the use of technology to threaten, harass, tease, or humiliate someone.**
2. **95% of teens have access to a smartphone, computer, tablet, gaming technology or other electronic device, making this a common and easily accessible tool for cyberbullying.**
3. **Cyberbullying spreads faster and has a wider audience than face-to-face bullying.**
4. **Signs a child is being cyberbullied:**
   a. Avoids using the internet.
   b. Withdraws from family, friends, and school or extracurricular activities.
   c. Grades and classwork start to decrease.
   d. Shows signs of low self-esteem or depression.

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5. **Report cyberbullying: contact school administration and law enforcement, if needed.**

6. **If a child is being cyberbullied, sit down and listen to them. Talk about what problems they are facing.**

7. **Support the child; they are a victim.**

8. **Talk about the dangers of the internet.**

9. **Set expectations for what is right and wrong while using the internet.**

10. **REMEMBER THE GOLDEN RULE! Treat others the way you would want to be treated. Be kind online, no matter who you are talking to.**

To report online child sexual exploitation, call 1-800-THE LOST or make an online report at report.cybertip.org.

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