Guide for using *Keeping Infants Safe Curriculum*

As students are likely to be exposed to infants and toddlers throughout their life, this Pediatric Abusive Head Trauma curriculum is designed for ALL high school students and can be taught to middle school students as well. The course, which teaches that violence and injury to infants is preventable, is ideal for current curriculum work in Consumer Science, Early Childhood Development, Early Childhood Education, Family Studies, Physical Activity and Health classes or any curriculum of study where students are on a path for health care (nurse, nurse aid, medical professional, etc.). For applicable high school health education standards, see the Informational Sheet.

To get started, follow these steps below.

1. Review all material on the PAHT Keeping Infants Safe curriculum Egnyte link. **PAHT-Safe Sleep/Keeping Infants Safe curriculum**

   Note: This course includes activities that may require prep work. Have materials ready to present prior to classroom education (e.g., egg in a jar or gelatin brain mold).

   a. Talk to your students about participating in this educational curriculum as the content can be potentially sensitive and upsetting. The conversation about this educational content and their choice to participate in the curriculum should occur at least one week before delivery. Inform students deciding not to participate in this educational curriculum to contact you (the teacher) and that participation will not affect academic standing.

   b. Conversation components should contain (see PowerPoint Slide #1)
      i. dialogue about how child abuse/violence is real and can be encountered in life;

ii. how this curriculum is designed to help students recognize and prevent forms of abuse, understand the significance of abusive head trauma, ways to soothe a baby, how to select a safe caregiver, and create a safe sleeping environment for a baby; and,
iii. discussion that you (the teacher) and guidance counselors are available if a student needs to discuss the subject further and/or need further support (e.g., emotional, social, psychological, etc.).

2. Before teaching the curriculum, have students take the program **PRE-TEST**. This can be given by printing the pre-test (found in the Egnyte folder) or using the QR code or link on the PowerPoint Slide #2. (https://uky.az1.qualtrics.com/jfe/form/SV_3fOk0zxX3amDduR)

3. Open the PowerPoint link and download material so speakers notes are available.
    a. Review slides to familiarize oneself with content.
    b. Review **Evidence Informed and Other Resources** list (found for added material for this course. Videos may be used in the course which include Elijah's Story, Portrait of Promise, etc. Materials may be downloaded and printed. Other resources available include; Period of Purple Crying, Ky Safe Sleep campaign, etc.

4. Present the PowerPoint to class.

5. Have students take the program **POST-TEST**. This can be given by printing the post-test or using the QR code or link on the PowerPoint Slide #42. https://uky.az1.qualtrics.com/jfe/form/SV_5vZlrSOQFOz5zKt)

6. Attention Educator: After teaching the curriculum, please complete the **SELF-REPORTED USE** of Pediatric Abusive Head Trauma (PAHT) Materials using the link below or QR code. https://survey.az1.qualtrics.com/jfe/form/SV_07kauVTsw8KAVE2

If you have curriculum suggestions, please contact Susan Guthier (susan.guthier@nkyhealth.org) and Ashley Bush (AshleyBush@uky.edu).