



**Prevent Child Abuse  
Kentucky™**

Presents the 27th Annual

# Kids Are Worth It!®

# CONFERENCE 2023

## September 11–12, 2023

The Galt House | 140 North Fourth Street | Louisville, KY

## Registration Brochure



@PCAKY

#KAWI2023

**Prevent Child Abuse Kentucky**  
2265 Harrodsburg Road, Suite 200  
Lexington, KY, 40504  
[www.pcaky.org](http://www.pcaky.org) | 859-225-8879



@PreventChildAbuseKY

## AGENDA

## SUNDAY, SEPTEMBER 10TH

- 3:30 – 6:00 PM EXHIBIT SETUP
- 3:00 PM *Participants lodging at the Galt House can check in*
- 4:00 – 6:00 PM PARTICIPANT CHECK IN

## MONDAY, SEPTEMBER 11TH

- 7:00 AM – 4:45 PM REGISTRATION
- 7:30 – 8:30 AM *Breakfast provided in the ballroom*
- 8:30 – 9:15 AM OPENING CEREMONIES
- 9:30 – 11:00 AM WORKSHOP SERIES A
- 11:15 AM – 12:15 PM KEYNOTE ADDRESS**
- 12:15 – 1:15 PM *Lunch provided in the ballroom*
- 1:30 – 3:00 PM WORKSHOP SERIES B
- 3:00 – 3:15 PM *Break*  
*Coffee, tea, and water available in exhibit area*
- 3:15 – 4:45 PM WORKSHOP SERIES C

## TUESDAY, SEPTEMBER 12TH

- 7:00 AM – 12:45 PM REGISTRATION
- 7:30 – 8:30 AM *Breakfast provided in the ballroom*
- 8:30 – 9:45 AM KEYNOTE ADDRESS**
- 10:00 – 11:30 AM WORKSHOP SERIES D
- 11:30 AM – 12:30 PM *Lunch provided in the ballroom*
- 12:45 – 2:15 PM WORKSHOP SERIES E
- 2:15 – 2:30 PM *Break*  
*Coffee, tea, and water*
- 2:30 – 4:00 PM WORKSHOP SERIES F

*All times listed are  
Eastern Standard Time*

*Note: Prevent Child Abuse Kentucky (PCAK) facilitates this annual opportunity to share strengths and solutions to issues of child abuse through speakers from a variety of professional perspectives. We respect and value the opinions expressed that may not necessarily reflect the views of the organization.*

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## SPONSORS



27th Annual

# Kids Are Worth It!® CONFERENCE 2023

Presented in conjunction with our Signature Sponsor

CABINET FOR HEALTH  
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## With In-Kind support from:

Ale-8-One	Kentucky HANDS Program
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Campbellsville University, Carver School of Social Work	Ramey Estep/Re-group
Candleberry	Roxy & Lola
Children and Family Counseling Associates, Inc.	Seven Counties Services/Bellewood & Brooklawn
Cincinnati Zoo	St. Joseph Children's Home
CycleYOU Fitness and Sauna	Sunrise Children's Services
Face It Movement	Talon Winery
Great Kids Inc.	UofL Health-Peach Hospital
Kayla Weber Art	University of Kentucky College of Social Work, Training Resource Center
Kendra Scott	

## The following agencies provide support of this conference through representation of presenters:

Administrative Office of the Courts, Aetna, Bluegrass Community and Technical College, Child Care Aware of Kentucky, Glennesha Mudd LCSW, Greenhouse 17, Human Development Institute, Lexington Leadership Foundation, Kentucky Administrative Office of the Courts, Kentucky Autism Training Center, Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities, Kentucky Department for Community Based Services, Kentucky Department for Public Health, Kentucky Department of Education, Kentucky Center for Grieving Children and Families, Kentucky Justice and Public Safety Cabinet, Kentucky Opioid Abatement Advisory Commission, Kentucky Partnership for Families and Children Inc., Kentucky State Police, Kentucky Youth Advocates, Norton Children's Medical Group, People Advocating for Recovery, Safe Passage, Seven Counties Services, Inc., University of Kentucky J. David Rosenberg College of Law, University of Kentucky Pediatric Forensic Medicine, University of Kentucky University of Louisville School of Medicine, University of Louisville Department of Pediatrics, University of Louisville Department of Psychological and Brain Sciences, Voices of the Commonwealth

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# KAWI/KY SEAT PANEL DISCUSSION

## Be Part of the Solution

Monday, September 11th

11:15 AM – 12:15 PM

*Service providers, partner organizations, child welfare workers, and community workers can often meet parents at their worst. We may not notice a family needs help until there is a crisis. But do we see who is in front of us now or do we take time to understand not only the past personal and collective trauma parents carry but also the potential for a bright future within them? How and why should we approach parents to ensure we do not also contribute to the problem? We will hear personal experiences of how the child welfare system interacts with parents from both the parent and dual-role of being a provider and parent with lived experience. We will also learn about the statewide birth parent advisory council under the Thriving Families, Safer Children Kentucky team supported by a national effort toward reimagining the child welfare system. Finally, we will be able to ask parent leader experts questions about our role in shifting toward effective and respectful parent partnerships and incorporating trust and power sharing in our daily work.*



**Ashley Bates** is a Family Mentor within the child welfare system through the University of Kentucky College of Social Work. She has almost a decade of experience working alongside people battling Substance Use Disorder (SUD) and, more recently, those with both SUD and child welfare involvement. She develops community relationships to benefit the recovery process of her clients. She is a fierce advocate who contributes her passion and lived experience to her role.



**Valerie Frost** is a Strategic Initiatives Associate at Kentucky Youth Advocates. She holds a Bachelor of Arts in Early Childhood Education, graduating summa cum laude, and completed a master's in education, specializing in Reading Literacy. Valerie has over a decade of experience in early childhood education, working primarily with preschool and Kindergarten-aged children. Using her experience as both a teacher and parent leader, she is passionate about advocating for children, families, and communities: particularly in the areas of childcare, education, special needs, safety net programs, and child welfare services.

ADDITIONAL PANELISTS ON FOLLOWING PAGE

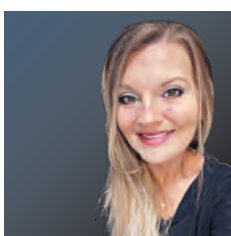
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## SPEAKERS

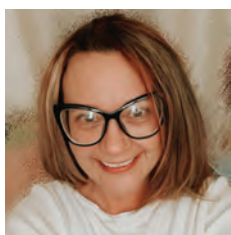
## KAWI/KY SEAT PANEL DISCUSSION CONTINUED



**Amanda Metcalf** is the Family Leadership Coordinator for Kentucky's System of Care FIVE grant. She is a certified Family and Adult Peer Support Specialist and has worked with her local community mental health center for eight years. In that position, she collaborated with many System of Care partners: behavioral health which includes mental health and substance use, juvenile justice, child welfare, and others. She supports families in navigating these multiple service agencies and empowers them to advocate for the needs of their children and themselves. Amanda is passionate about supporting and encouraging families in the state of Kentucky to recover and live the life they want to live.



**Carla Stamper** is a Peer Support Specialist with the Kentucky Partnership for Families and Children. Prior to this role, she was a registered nurse and has over 18 years of experience in the medical field. Most importantly, Carla is a dedicated parent whose healing journey saved not only herself, but her whole family. She now uses her experience overcoming setbacks and holding onto hope during uncertain times to approach other parents and families with empathy and treat them like humans who deserve a second chance for a brighter tomorrow.



**Amanda Wright** studied English Literature and Early Childhood Education at the University of Cincinnati. Her passion and commitment for parent and child advocacy began in 2019. Amanda currently serves as a NAMI support group leader and hosts a biweekly mental health support group. She holds a peer support certificate to further her ability to help others and relate through her lived systems experience. Last, but not least, she is a proud mother to five beautiful children and loves spending her free time on the lake with her husband and family.

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## SPEAKERS

## KEYNOTE

**Melissa T. Merrick, PhD****Tuesday, September 12th****8:30 – 9:45 AM**

**Melissa T. Merrick, PhD**, is President and CEO of Prevent Child Abuse America (PCA America), the nation's oldest and largest nonprofit organization dedicated to the primary prevention of child abuse and neglect. She has more than 20 years of clinical, research, and leadership experience related to the etiology, course, and prevention of child abuse and neglect. Previously, Dr. Merrick was a senior epidemiologist at the National Center for Injury Prevention and Control at the Centers for Disease Control and Prevention (CDC), in Atlanta. She is recognized as one of the country's foremost experts on adverse childhood experiences (ACEs): in partnership with the US Department of Health and Human Services' Office of Child Abuse and Neglect, she served for 8 years as the lead scientist for the ACEs study at CDC and is the lead author of CDC's Vital Signs: ACEs, the most nationally representative report on the topic. She is one of the principal architects of Thriving Families, Safer Children: A National Commitment to Wellbeing, an effort that aims to reshape child welfare in the United States by focusing explicitly on equity and prevention. Thriving Families unites PCA America, the Children's Bureau, Annie E. Casey Foundation, and Casey Family Programs, among numerous other local partners, to proactively create the conditions and contexts for strong families and communities across the country. Dr. Merrick received her BA in psychology, magna cum laude, from the University of Pennsylvania, and her master's and doctoral degrees in clinical psychology from the San Diego State University/University of California, San Diego, joint doctoral program in clinical psychology, where she served as a program coordinator for the San Diego site of the Longitudinal Studies on Child Abuse and Neglect consortium. Dr. Merrick is married and has two young children who are still enthralled by the novelty of snow in Chicago.

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## SPEAKERS

## NATIONAL PRESENTERS

**Krista Thomas, PhD**

**Dr. Krista Thomas** is a Senior Policy Fellow at Chapin Hall. Thomas leads blended teams of policy, practice, and research experts in efforts to build the capacity of state and local human service systems across the country to execute large-scale reform initiatives and improve outcomes for vulnerable children and families. Leveraging opportunities like the federal title IV-E waiver authority, Thomas partners with human service leaders to identify a set of priority outcomes, articulate a set of strategies to improve performance, execute their implementation, and monitor their effectiveness. Thomas is a leader in Chapin Hall's efforts to build and test its capacity building and systems change framework designed to accelerate and sustain change that benefits children and families involved with or at risk for involvement with the child welfare system. Her areas of expertise include federal child welfare policy, programs, and monitoring; large-scale child welfare performance improvement at the state and local level; strategic planning; evidence use in decision making; implementation; continuous quality improvement; and differential response in child welfare.

Prior to coming to Chapin Hall, Thomas served for over a decade in the U.S. Department of Health and Human Services, Administration for Children and Families, Children's Bureau in both regional and national offices. As a federal child welfare specialist, Thomas monitored and supported numerous states in both federally mandated and state-driven child welfare program improvement efforts, strategic planning, and implementation of evidence-based practices. Thomas also provided leadership in the federal Child and Family Services Review process as well as the Children's Bureau's efforts to enhance the field's capacity in child welfare evaluation.

Thomas holds a PhD in Social Work from the University of Illinois at Chicago, a Master of Social Work degree from Washington University in St. Louis, and Bachelor of Arts from Knox College in Galesburg, Illinois.

Dr. Thomas is presenting workshops B7 and D5, ***Economic Supports are Core to Preventing Child Welfare System Involvement***

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## SPEAKERS

## NATIONAL PRESENTERS

## Ida Drury, PhD



**Ida Drury**, adjunct Instructor in Social Work, is also an Assistant Professor at the Kempe Center at the University of Colorado Anschutz Medical Campus. Ida has 20 years of experience in human services, most of which has been in a public child welfare setting. She serves the Colorado Child Welfare Training System as Principal Investigator. She participates in multiple research and evaluation projects and consults nationally related to child welfare systems. Before joining the Kempe Center, Ida worked for the Colorado Department of Human Services where she led a research and implementation project on differential response in Colorado. In her early career she served a child welfare caseworker.

Dr. Drury is presenting workshop A1: ***Seeking a Better Understanding of Prevention through the Primary, Secondary and Tertiary Lens*** with Kentucky experts Amanda Body, Director, Division of Prevention and Community Wellbeing, Ciara Jackson, Social Service Specialist, Division of Protection and Permanency, Kentucky Department for Community Based Services

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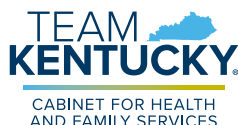
MONDAY SEPTEMBER 11

9:30 AM – 11:00 AM

**A1: Seeking a Better Understanding of Prevention through the Primary, Secondary, and Tertiary Prevention Lens**

*Ida Drury, PhD, Assistant Professor of Pediatrics, University of Colorado Anschutz Medical Campus, The Kempe Center for the Prevention and Treatment of Child Abuse and Neglect;*

*Amanda Body, Director, Division of Prevention and Community Wellbeing; Ciara Jackson, Social Service Specialist, Division of Protection and Permanency, Kentucky Department for Community Based Services*



With so many levels of child maltreatment prevention, it can become difficult to understand the many ways we can impact a family. From preventing abuse before it ever occurs to understanding how to support families identified as at-risk. This workshop will cover primary, secondary, and tertiary prevention using a public health approach. Alternative responses for low to moderate risk reports of child abuse and neglect will be the focus.

**A2: Holding Space and Hope as Suicide Prevention**

*Beck Whipple, Suicide Prevention Coordinator, Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities*

This training will provide information on how to infuse caring and hope into interactions with people who are experiencing suicidal thoughts or behaviors.

**A3: The Unspoken Obvious: There are Queer Children**

*Willie Edward Taylor Carver Jr., Author; Instructor, Bluegrass Community & Technical College; Board Director, Kentucky Youth Law Project*

This workshop will explore current data related to LGBTQ youth. Legal, social, and emotional issues specific to these children will be covered, as well as best practices for helping these youth thrive as adults.

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MONDAY SEPTEMBER 11

9:30 AM – 11:00 AM

**A4: Assessment of Medical Neglect  
in Medically Complex Children**

*Melissa Currie, MD, FAAP*, Kosair for Kids Professor and Endowed Chair for Pediatric Forensic Medicine, University of Louisville School of Medicine, Department of Pediatrics

Assessment of medical neglect in children with chronic medical conditions can be challenging. In this session, Dr. Currie will describe several approaches to this assessment and provide multiple examples of medical and/or nutritional neglect (which often co-occur) in children with complex medical needs.

**A5: Eating Disorders 101: All You Need to Know to Identify,  
Prevent, and Treat Eating Disorders in Adolescents**

*Emma Crumby and Hannah Fitterman-Harris*, Eating Anxiety Treatment (EAT) Laboratory and Clinic, Department of Psychological and Brain Sciences, University of Louisville

This workshop will delve into the topic of eating disorders in adolescents, covering key topics such as signs and symptoms, screening, treatment recommendations, and prevention. Attendees will learn strategies for providing support to someone with or caring for a person with an eating disorder.

**A6: We Serve Too! Increasing Resiliency  
within Military-Connected Youth**

*Steve Cambron*, Military Family Program Administrator

*Sarah Jemison*, Military Family Resiliency Specialist, Seven Counties Services, Inc.

Kentucky's military-connected youth report higher rates of substance use and suicide attempts. Find out how you can promote a positive environment and increase resilience within military-connected children through community based best practices.

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MONDAY SEPTEMBER 11

1:30–3:00 PM

**B1: Understanding Child Death Review  
& SUID Prevention***Brittany Nichols**Courtney Short, RN, BSN, Department for Public Health*

This workshop will focus on the process of child death review and the prevention of child fatalities. Sudden Unexpected Infant Death (SUID) will be covered, along with suicide prevention, and child injury prevention.

**B2: Peeling the Layers  
and Creating the Linkages***Tara Hyde, CEO, People Advocating Recovery*

How do you ask the right questions and pull out the information you need to better support today's youth? Once you have the information, how do you use it? This workshop will discuss how to peel back the layers of resistance and empower you to be the creator of opportunities for resources and linkages to support youth in recovery.

**B3: Facing Fatherhood: Forging Relationships Built on  
Empathy, Consistency, and Affirmation***Jared Sloan, Director, Lexington Leadership Foundation Fatherhood Initiative*

Commonwealth  
Center for  
Fathers &  
Families

This workshop will continue the conversation of Responsible Fatherhood across sectors, highlighting the value a present, engaged father adds to family and community. Participants will hear firsthand from fathers with lived experience while learning practical tools and long-term strategies to increase awareness and positive outcomes for those we serve.

**B4: Running on Empty:  
Self-Care in Times of Despair***Dawn Burke, MS-Ed, Trauma System of Care Administrator**LaTonya Wilson, Family Peer Support Specialist, Aetna Better Health of Kentucky*

Do you feel less effective when helping others and perhaps even start to lack confidence in your abilities...or maybe you experience physical, social and emotional effects that are unusual for you or are increasing in intensity? This workshop will build awareness of the signs and stages of Burnout, Compassion Fatigue, and Secondary Trauma, as well as strategies for reducing the impact and rediscovering your passion and purpose.

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MONDAY SEPTEMBER 11

1:30–3:00 PM

## **B5: New Project: Child Welfare Poverty Simulation** **Part I (Participants must also register for C5, Part 2 of this workshop)**

*Becky Antle, PHD, MSSW, LMFT*, Professor and University Scholar Director, Center for Family and Community Well-Being, Kent School of Social Work, University of Louisville

The creation and evaluation of this simulation is funded by Prevent Child Abuse America



**Prevent Child Abuse**  
America®

You've heard of poverty simulations? This simulation looks at poverty from the child welfare lens. This first-of-its-kind workshop offers a deeper understanding of poverty and the child welfare system to providers, policymakers and other key parties across Kentucky. This project represents a primary prevention effort, as it will enable child-welfare adjacent providers, policymakers and others to understand and respond to families in poverty in a different manner, raising awareness of unconscious biases that impact interactions with the lower-income populations with whom they work, thereby leading to improved engagement, effective service provision, and more positive outcomes.

## **B6: Helping Families Track their Child's Developmental Milestones & Act Early Should They Have Any Concerns**

*Christine Hausman*, CDC "Learn the Signs. Act Early," Ambassador to Kentucky, Child Care Aware of Kentucky

Explore free family resources through the CDC's "Learn the Signs. Act Early" program that aims to help families monitor their child's developmental milestones from birth to age five. Developmentally appropriate activities will be shared and steps to improve early identification of developmental delays will be discussed.

## **B7: The Importance of Economic and Concrete Supports to Preventing Involvement in the Child Welfare System\***

*Krista A. Thomas, PhD*, Senior Policy Fellow, Chapin Hall

This session will explore the intersection of family economic instability and involvement with child welfare and the potential for recrafting how families and children are supported. Policy makers, public system administrators, family-serving organization leaders, and volunteers can use this information to undertake strategies that better meet the economic and concrete support needs of families at risk of or involved with child welfare, address long-standing racial inequities, and redesign the family user experience.

**\*This workshop is also offered in session D5, with the same content.**

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MONDAY SEPTEMBER 11

3:15–4:45 PM

## C1: Residential Care Analysis and Recommendations

*Keisha Lyon*, Voices of the Commonwealth,

*Cynthia Schepers*, Peer Coach Coordinator,

*Tamara Vest*, Policy and Advocacy Analyst, Kentucky Youth Advocates

This workshop will give an overview of the 2022 Residential Care Analysis Report themes and policy, practice and program recommendations to improve congregate care in Kentucky. This workshop will also provide an interactive component to allow participants to discuss their reactions and identify recommendations and action steps they can take in their specific roles to aide in the improvement of congregate care.

## C2: What you Need to Know about Kentucky's Opioid Abatement Advisory Commission

*Bryan Hubbard*, Chair and Executive Director of the Kentucky Opioid Abatement Advisory Commission

The Kentucky Opioid Abatement Advisory Commission was created by the General Assembly's unanimous passage of House Bill 427. This workshop will provide information on the commission, its work, and the process for applying for funding. The time will also be used as a "town hall," for you to speak to members of the commission regarding opioid use in your community.

## C3: Assessment of Medical Neglect in Children with Type 1 Diabetes: A Deep Dive

*Melissa Currie, MD, FAAP*, Kosair for Kids Professor and Endowed Chair for Pediatric Forensic Medicine, University of Louisville School of Medicine, Department of Pediatrics



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Funded by Norton Children's Hospital Foundation

Type 1 diabetes is one of the most common diagnoses among Kentucky children with chronic medical conditions who present with fatal or near

fatal medical neglect. Assessment of neglect in such children can be a challenge. In this session, Dr. Currie will explain the basics of diabetes care, including standards of care, and will explore several approaches to assessing medical neglect in the setting of type 1 diabetes.

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MONDAY SEPTEMBER 11

3:15–4:45 PM

**C4: Court Process 101:  
Your Map to Better Understanding***Laken Albrink, JD*, University of Kentucky, J. David Rosenberg College of Law, PCAK Board Member

Confused by the court process? You are not alone! Navigating the court system can be intimidating and confusing. This workshop will teach you the basics of the Kentucky court system, the rights and obligations of parents, and possible safeguards for third party non-parents raising children.

**C5: Child Welfare Poverty Simulation  
Part 2 (Participants must also register for B5, Part 1 of this workshop)***Becky Antle, PhD, MSSW, LMFT*, Professor and University Scholar Director, Center for Family and Community Well-Being, Kent School of Social Work, University of Louisville

The creation and evaluation of this simulation is funded by Prevent Child Abuse America



**Prevent Child Abuse  
America**

*See description for Part 1, Workshop B5*

**C6: Fostering Supportive Care Networks for Families Impacted by  
Substance Use Disorder***Caroline Gooden*, Project Director*Amanda Metcalf*, Family Leadership Coordinator

*Juliet Souders*, Graduate Research Assistant, Human Development Institute, Kentucky Partnership for Families and Children, Inc.

It's important for families impacted by substance youth disorder to have access to a safe and supportive care network. This interactive workshop will teach strategies to connect with families, encourage collaboration and family voice, and help pave the way for sharing resources with clients or loved ones.

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TUESDAY SEPTEMBER 12

10:00–11:30 AM

**D1: Electronic Crimes Against Children: How to Educate, Monitor, and Communicate Internet Safety***Zack Morris*, Sergeant, Internet Crimes Against Children Task Force, Kentucky State Police, PCAK Board Member

Learn from Kentucky's top experts on electronic crimes against children. This presentation will provide an overview of internet crimes committed against Kentucky's children, Kentucky laws, and how we can minimize this threat. Participants will learn to recognize, prevent, and report online predator behavior.

**D2: Intimate Partner Violence – Understanding the Batterer and the Impact on Families***Darlene Thomas*, Director, Greenhouse1

**(Advanced Level Workshop)** Understanding the types, tactics and motivations of those who abuse intimate partners is critical to being able to help those who are being harmed. This workshop provides insights that will assist those in helping fields grasp the complexity of abusive relationships to better serve survivors and their children.

**D3: Child Fatality and Near Fatality Investigations***William Ralston, MD*, Chief Medical Examiner, Kentucky Justice and Public Safety Cabinet

Determining the cause of suspicious injuries in children involves careful observation of child and scene, as well as thorough interviewing of caretakers and witnesses. In this workshop, Kentucky's Chief Medical Examiner will discuss best practice for investigating these cases. Participants will walk away with a better understanding of legal obligations when investigating these cases, the complexities, and significance of a multidisciplinary approach.

**D4: Investigating Pediatric Ingestions***Christina Howard, MD, FAAP*, Chief of Division of Pediatric Forensic Medicine, University of Kentucky


Pediatric ingestions have become one of the leading causes of fatalities or near-fatalities being investigated in Kentucky. We will explore the trends, testing options, and interpretation of findings that occur in these investigations as well as education on prevention.

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TUESDAY SEPTEMBER 12

10:00–11:30 AM

**D5: Economic and Concrete Supports are Core to Preventing Child Welfare System Involvement\****Krista A. Thomas, Ph.D.*, Senior Policy Fellow, Chapin Hall**This workshop is also offered in session B7. See full description on Page 12.****D6: Using the Early Warning Tool and Re-engagement Resources to Support Students at risk of Dropout***Judi Vanderhaar & Michelle Wilson*, Persistence to Graduation Consultants, Kentucky Department of Education

 **WellCare**® Beyond Healthcare. A Better You. This session will cover the Early Warning Tool within Infinite Campus as well as some resources to support dropout prevention and re-engagement. The Early Warning Tool is a robust, highly predictive, interactive report that provides a visual display of students in need of support in the areas of attendance, behavior, course performance, and stability (residential and educational).

**D7: Building Resilient Youth After Disaster-Related Trauma***Amy Potts*, Disaster Response Program Administrator, Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities

Kentucky is prone to natural disasters and children are especially vulnerable to the negative effects of these events. By working collaboratively to understand common reactions, resources, and interventions, we achieve greater youth resiliency. This presentation will share resources surrounding common reactions and resources for help.

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TUESDAY SEPTEMBER 12

12:45–2:15 PM

**E1: Recognizing and Responding to Child Trafficking***Cara Starns*, Founder and President, Safe Passage

Human trafficking has never been more diverse, complex, or blurred. Technology and social media have changed everything with unprecedented speed, putting all youth at risk. This session will break down the current trends in child trafficking, the risk factors and signs you should be looking for, and will equip you with resources relevant to your group.

**E2: Abusive Head Trauma***Jennie Green, MD, MSc*, Child Abuse Pediatrician, University of Kentucky, Pediatric Forensic Medicine

This workshop discusses the problem of pediatric abusive head trauma from a medical perspective. Topics include scope of the problem, common clinical presentations, and preventative strategies to prevent abusive head trauma from ever occurring. This workshop meets mandatory licensing requirements as outlined in HB285.

**E3: Corporal Punishment: Trends, Myths, and Alternatives***Kelly Dauk, MD*, Norton Children's Medical Group, Affiliated with University of Louisville; PCAK Board Member

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This workshop will review recent trends in corporal punishment and discuss myths and common arguments for its use. Participants will become familiar with alternatives to corporal punishment for use with different age groups. Participants will be introduced to the No Hit Zone program.

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TUESDAY SEPTEMBER 12

12:45–2:15 PM

**E4: Stepping into the Gap: Understanding the Characteristics of Autism and Meeting the Needs of the Individual***Heidi Cooley-Cook, MEd*, Assistant Director, Kentucky Autism Training Center, University of Louisville*Darcie Taggart, ATR-BC, LPATS, LPCC-S, RPT-S*, Clinical Supervisor & Early Childhood Mental Health Specialist, Seven Counties Services

In this workshop, participants will be encouraged to step into the gap. This means acquiring a greater understanding of the characteristics of individuals with autism and how to better communicate and support in times of misunderstanding, disagreement, and/or conflict.

**E5: Sexual Abuse in Black Families: Examining the Culture of Shame & Secrecy***Glennisha Mudd, LCSW*, Sexual Abuse Prevention Advocate

This workshop is designed to explore the pathology of sexual abuse in Black Families. Participants will explore the history of shame and secrecy that often pervades Black culture and how this impacts sexual abuse education and prevention in the community.

**E6: Supporting Bereaved Children and Creating Grief-Sensitive Spaces***Emily Johnson, MS**Leila Salisbury*, Kentucky Center for Grieving Children and Families

This training will provide information about identifying and working with grief in children, specifically in school and crisis settings. Treatment modalities and support initiatives for both children and schools will be explored and discussed. The goal is to create a grief-sensitive space within the school setting and provide support in navigating crisis situations that accompany or precede grief.

**E7: Cultivating Opportunity: The Power of Courage and Connection***Damien Sweeney, EdD*, Kentucky Department of Education

This workshop will introduce important concepts around diversity, equity, inclusion and belonging to participants while giving them tangible tools to utilize in their schools, districts, and organizations that are culturally sustaining. Participants will also learn ways to enhance opportunity and access for historically underrepresented students.

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TUESDAY SEPTEMBER 12

2:30–4:00 PM

## F1: **Are They Good For Your Kids?** **A Child Sexual Abuse Prevention Training**

*Janna Estep Jordan*, Director of Operations and Prevention Education

*Kendra Stooksbury*, Resilient Connections Coordinator, Prevent Child Abuse Kentucky




Child sexual abuse is preventable when adults educate themselves and take precautions to keep children safe. This workshop highlights Prevent Child Abuse Kentucky's Are They Good for Your Kids? campaign and resources, and teaches participants how to prevent child sexual abuse in their spheres of influence. The workshop will cover grooming behaviors, healthy child sexual development, and will provide actionable steps to lessen risk of abuse.

## F2: **Preventative Strategies** **to Escalation**

*Kimberly Brothers-Sharp*, Behavioral Health Director

*Julie Horen-Easley*, Chief of Staff/Director of Training and Education, Aetna Better Health of Kentucky

 **(Advanced Level Workshop)** This workshop will describe the impact of trauma that results in crisis behaviors. Participants will learn practical and preventable strategies to help children learn to self-regulate and avoid dangerous behaviors.

## F3: **Part of the Solution:** **Engaging Families & Youth in the Conversation**

*Carol Cecil, ED*

*Barbara Greene, AD*, Kentucky Partnership for Families and Children, Inc.

It is easy to blame children and families for situations they may find themselves in. However, it is up to us to understand and have empathy for how they may have found themselves in a challenging place. Regardless of where they may be, we must engage families and youth as part of the solution.

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TUESDAY SEPTEMBER 12

2:30–4:00 PM

**F4: The Power of Play – Engaging Young Children with Autism and their Families Through Play to Build Relationships***Heidi Cooley-Cook, MEd*, Assistant Director, Kentucky Autism Training Center, University of Louisville*Darcie Taggart, ATR-BC, LPATS, LPCC-S, RPT-S*, Clinical Supervisor & Early Childhood Mental Health Specialist, Seven Counties Services

In this presentation, participants will be encouraged to find new ways to playfully engage with young children on the autism spectrum. Engaging these families, improving relationships, and building connections will be covered.

**F5: Kentucky Judicial Commission on Mental Health***Shawna L. Mitchell, MS, LCADC*, Commission Administrator, Kentucky Administrative Office of the Courts

**Kentucky  
Administrative  
Office of the Courts**

The Kentucky Judicial Commission on Mental Health was established to explore, recommend, and implement transformational changes to improve system wide

responses to justice-involved individuals experiencing mental illness, substance use, and/or intellectual and developmental disabilities. This session will provide an overview of the work leading up to the commission's establishment and a review of current workgroups and initiatives.

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# FEATURED EXHIBITS

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**Come prepared to tour more than 30 exhibits featuring resources and products for purchase.**

**Aetna Better Health of Kentucky**

**Applied Digital Solutions, ADS**

**Astra Behavioral Health**

**Kentucky Cabinet for Health and Family Services**

**Campbellsville University, Carver School of Social Work**

**Children and Family Counseling Associates, Inc.**

**Children's Advocacy Centers of Kentucky**

**Child's Victim Trust Fund**

**Commonwealth Center for Fathers & Families**

**Face It Funded by Kosair for Kids**

**Kentucky Citizens Foster Care Review Board (AOC sponsorship)**

**Great Kids**

**Kentucky's HANDS Program**

**McNary Group**

**Norton Children's Prevention and Wellness**

**Option to Success Inc. Family Services**

**Prevent Child Abuse Kentucky**

**Ramey Estep/Re-group**

**The Ridge Behavioral Health System**

**Roxy & Lola**

**Seven Counties Services/Bellewood & Brooklawn**

**St. Joseph Children's Home**

**Sunrise Children's Services**

**UK Healthcare**

**University of Kentucky College of Social Work-Training Resource Center**

**UofL Health-Peace Hospital**

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# Frequently Asked Questions

## 1) How do I register?

Register online at [pcaky.org/kidsareworthit](http://pcaky.org/kidsareworthit), mail or email registration form to [pcaky@pcaky.org](mailto:pcaky@pcaky.org). Register by August 18, 2023, to get the Early Bird rate.

Preregistration ends on September 2, 2023. After September 2, on-site registration is required.

Email: [pcaky@pcaky.org](mailto:pcaky@pcaky.org)

Mail: 2265 Harrodsburg Rd., Ste. 200, Lexington, KY 40504

Phone: 859-225-8879

## 2) What is the cancellation policy?

**ALL CANCELLATION REQUESTS MUST BE SUBMITTED IN WRITING BY SEPTEMBER 1, 2023, TO [PCAKY@PCAKY.ORG](mailto:PCAKY@PCAKY.ORG).** Refunds, minus a \$25 processing fee, will be issued ONLY for written cancellations received by September 1, 2023. Telephone and verbal cancellations will not be accepted. PCAK is not responsible for cancellation requests not received. **REFUND REQUESTS WILL NOT BE ACCEPTED AFTER THE POSTED DATE. NO-SHOWS WILL BE INVOICED.** In lieu of cancelling, you may transfer your registration to another person without penalty. Please allow 6-8 weeks for processing of any approved refund.

PCAK shall assume no liability whatsoever in the event this conference is cancelled, rescheduled, or postponed due to a fortuitous event, Act of God, unforeseen occurrence, or any other event that renders performance of this conference impracticable, illegal, or impossible. For purposes of this clause, a fortuitous event shall include, but not be limited to: war, fire, labor strike, extreme weather, pandemic or other emergency. Please note while speakers and topics were confirmed at the time of publishing, circumstances beyond the control of organizers may necessitate substitutions, alterations, or cancellations of the speakers and/or topics. As such, PCAK reserves the right to alter or modify the advertised speakers and/or topics if necessary. Any substitutions or alterations will be updated on our web page as soon as possible.

## 3) Where should I stay if I need lodging?

Hotel charges are not included in your conference registration fee. A block of rooms has been reserved at the Galt House, 140 North Fourth Street, Louisville, Kentucky, for Sunday, September 10 through Tuesday September 12. To receive the negotiated rate of \$189 for a deluxe guest room and \$229 for an executive suite, attendees must make reservations by August 12, 2023. To reserve a room, contact 1-800-843-4258 and use reference code 0910KID or reserve a room online at [tinyurl.com/3dymurpr](http://tinyurl.com/3dymurpr).

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#KAWI2023



#### 4) What if I have a disability or require accessible accommodations?

Please notify PCAK by August 30 if you require accessible accommodations.

#### 5) What are the methods of payment?

Checks payable to PCAKY. American Express, Discover, MasterCard or Visa. money orders or purchase orders are acceptable forms of payment. All invoices over 90 days old will incur a monthly finance charge of \$25 until the invoice is paid in full.

#### 6) Will you be offering CEUs, Training Clock Hours, KLEC credit, etc.?

- PCAK is approved by the Kentucky Board of Social Work to sponsor continuing education for credential holders. PCAKY maintains responsibility for this program and its content.
- Instructional Leaders may claim up to six hours of credit for conference attendance according to 704 KAR 3:3253(2)(a).
- This conference will be listed on the Professional Development Bulletin Board for teachers and educators interested in PD credit. Participants must sign in and fill out an evaluation at the conclusion of each workshop to receive credit.
- PCAK or our CEU sponsors will apply to receive credit for the following:
  - CEUs for Examiners of Psychology.
  - CEUs for Licensed Professional Counselors, Nurses, and Alcohol and Drug Counselors (CADC) are pending. Kentucky Board of Nursing approval of an individual nursing continuing education provider does not constitute endorsement of program.
  - CLEs through the Kentucky Bar Association.
  - ECE Training Clock Hours through the Division of Child Care.
  - Training hours for Family Resource Youth Service Centers.
  - Training credits for Department for Community Based Services staff and Foster Parent Training Credit.
  - Wrap Around hours for Public Health HANDS Program.

Please visit [pcaky.org/kidsareworthit](https://pcaky.org/kidsareworthit) for updates and additional information, or email [pcaky@pcaky.org](mailto:pcaky@pcaky.org).

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## FAQ

**7) What's up with evaluations?**

PCAK utilizes individual workshop and overall conference evaluations in conjunction with a post conference survey to assess quality improvements and adhere to CEU and training credit guidelines. Evaluation provides participants the opportunity to share feedback on information and materials received through conference attendance, as well as how these resources translate into practice. Please complete all evaluations made available to you throughout the event. QR Codes will be made available at the conclusion of each session for electronic survey completion.

**8) What about parking and getting around Louisville?**

For those staying overnight or commuting each day, parking is available at the Galt House for \$12 per day in the East Tower Parking Garage. A list of nearby parking garages can be found at [galthouse.com/hotel-faq](https://galthouse.com/hotel-faq). PCAK, Louisville Convention and Visitors Bureau and the Galt House staff welcome questions regarding where to eat or fun things to do around the city.

**9) How should I dress?**

It is difficult to maintain room temperatures comfortable for everyone. Please dress in layers or feel free to bring a throw blanket if you tend to get cold during conference events.

**10) Where do I get handouts?**

Workshop handouts will be available on the conference page website [pcaky.org/kidsareworthit](https://pcaky.org/kidsareworthit) no later than September 6. In our effort to "go green," there will be no handouts on-site. Please print, download, or retain handouts for your workshops in advance. If your workshop's handouts are not available prior to the conference, a copy will be placed on the website after the event. PCAK cannot guarantee that each presenter will make handouts available before, during or after the event.

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# REGISTRATION FORM

Fill out this form or register online at [pcaky.org/kidsareworthit](https://pcaky.org/kidsareworthit).  
If more than one person from an agency is registering, please use separate forms for each person.

ALL DCBS registrations are processed through internal DCBS channels.  
By completing and submitting this form, you indicate you have read and agree to the cancellation policy included in this brochure.  
Please see FAQ Item 2. Also found at [pcaky.org](https://pcaky.org).

<b>OFFICE USE ONLY</b>		<input type="checkbox"/> Check here to opt out of post-conference contact for evaluation purposes		<b>Special Dietary Needs</b>	
Received:	Invoiced:			<input type="checkbox"/> Vegetarian	<input type="checkbox"/> Gluten Free
In EXWARE:	Paid:			<input type="checkbox"/> Vegan	<input type="checkbox"/> Allergy
<b>Name</b>					
<b>Organization</b>					
<b>Mailing Address</b>		<b>STREET</b>		<b>SUITE/APT. #</b>	
		<b>CITY</b>		<b>STATE</b>	
				<b>ZIP</b>	
<b>County of Work</b>		<b>Phone Number*</b>			
<b>Email Address*</b>					

\*Will be used for communication and CEU or general certificate purposes

## Please Select Your Occupation

- |                                    |  |  |  |
|------------------------------------|--|--|--|
| <input type="checkbox"/> Advocate  | <input type="checkbox"/> Child Care    | <input type="checkbox"/> Community Social Service Provider | <input type="checkbox"/> DCBS            |
| <input type="checkbox"/> Education | <input type="checkbox"/> Faith Based   | <input type="checkbox"/> FRYSC                             | <input type="checkbox"/> Law Enforcement |
| <input type="checkbox"/> Medical   | <input type="checkbox"/> Mental Health | <input type="checkbox"/> Public Health                     | <input type="checkbox"/> Other           |

PLEASE SPECIFY

## Select all CEUs or trainings you will apply for

- ☐ CLE
- ☐ SWK
- ☐ HANDS
- ☐ Psychology
- ☐ Professional
- ☐ Counselors
- ☐ Public Health
- ☐ Nursing
- ☐ DCBS
- ☐ KY Dept of Ed
- ☐ FRYSC

## Workshop Selection

**In-person attendees:** Please choose two workshops from each time slot, ranking your 1st and 2nd choice. If choice 1 is full at the time of registration, you will be placed in choice 2. You will be registered for a total of six workshops.

### Monday, September 11

- |                 |  |                |                |
|-----------------|--|----------------|----------------|
| 9:30 – 11:00 AM | Workshop Series A Choose from A1, A2, A3, A4, A5, A6 or A7 | Choice 1 _____ | Choice 2 _____ |
| 1:30 – 3:00 PM  | Workshop Series B Choose from B1, B2, B3, B4, B5, B6 or B7 | Choice 1 _____ | Choice 2 _____ |
| 3:15 – 4:45 PM  | Workshop Series C Choose from C1, C2, C3, C4, C5, C6 or C7 | Choice 1 _____ | Choice 2 _____ |

### Tuesday, September 12

- |                  |  |                |                |
|------------------|--|----------------|----------------|
| 10:00 – 11:30 AM | Workshop Series D Choose from D1, D2, D3, D4, D5, D6 or D7 | Choice 1 _____ | Choice 2 _____ |
| 12:45 – 2:15 PM  | Workshop Series E Choose from E1, E2, E3, E4, E5, E6 or E7 | Choice 1 _____ | Choice 2 _____ |
| 2:30 – 4:00 PM   | Workshop Series F Choose from F1, F2, F3, F4, F5 or F6     | Choice 1 _____ | Choice 2 _____ |

## Pricing & Payment Information

### Pricing

Early Bird (by 8.13.23)

Full Registration (after 8.13.23)

Group Rates MUST BE FROM THE SAME AGENCY

\$265

\$315

20+ CONTACT US NO LATER THAN 8/13/2023

10-19 \$235 per participant

5-9 \$245 per participant

\$225

### Students

Must provide a copy of student ID at time of registration, email copy to [pcaky@pcaky.org](mailto:pcaky@pcaky.org)

### PCAK Partners in Prevention

Must be a PCAK Partner Prior to May 1, 2023.

Visit <https://pcaky.org/about/partners-in-prevention/> to view our Partner List)

\$255



**Prevent Child Abuse Kentucky**

2265 Harrodsburg Rd., Ste. 200  
Lexington, KY 40504  
PHONE: 859-225-8879 FAX: 859-225-8969  
EMAIL: [pcaky@pcaky.org](mailto:pcaky@pcaky.org)

### Payment

Total Registration Fee Due: \_\_\_\_\_

☐ Check

MAKE PAYABLE TO  
PCAKY

☐ Purchase Order

PURCHASE NUMBER

☐ Credit or Debit Card

CARD NUMBER

EXPIRATION DATE

BILLING ZIP CODE

CARDHOLDER SIGNATURE

☐ AMEX

☐ VISA

☐ MASTERCARD

☐ DISCOVER

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**September 11–12, 2023**

Partial funding for this project provided by the Cabinet for Health and Family Services through contract (#PON2 7362200003127).

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