

# Lean on Me Kentucky

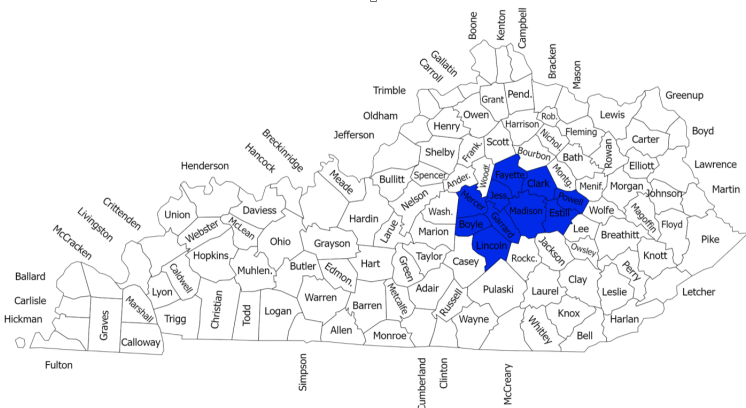
## Focus Group Summary Report

### Southern Bluegrass Region

**The Southern Bluegrass Region Focus Group** was held on June 22, 2022 at 4:00 PM.

Participants were recruited The Nest, a longstanding PCAK Partner in Prevention in the Southern Bluegrass Region. Two focus groups were held in this region, one in English and one in Spanish.

7 participants attended the focus group, representing staff, community members, and participants from The Nest programming. Participants from the Southern Bluegrass Region represented diverse experiences, cultures, and backgrounds. Many participants engaged throughout the focus group and 0 individuals completed the Survey Monkey after the focus group, resulting in 7 individuals' feedback reflected in this summary report.



Focus group participants were asked to respond to the following 6 questions:

- ✓ 1. What does community mean to you?
- ✓ 2. What can members of this community do to value, strengthen, and support parents and families?
- ✓ 3. What can members of this community do to respond when they see a family having a tough time?
- ✓ 4. What can members of this community do to help families make healthy and supportive connections?
- ✓ 5. It is important for children to interact in a positive way with others, understand and communicate their feelings, and regulate their behavior. How can members of this community help children develop these social and emotional skills?
- ✓ 6. What can members of this community do to connect families to available resources?

### Themes

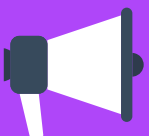
Themes emerged throughout the narratives shared during our focus group questions and the Survey Monkey responses.

1. Building supportive connections within communities
2. Opportunities for positive community engagement and resources creation and sharing
3. Providing services that are accessible, trustworthy, reliable, and convenient



The Lean on Me Kentucky initiative was informed by comments we received from ten focus groups held throughout the state in 2022. Scan to read responses to these questions received from each focus group,

For questions regarding Lean on Me Kentucky or the data included in this summary report, contact Amanda Royer (aroyer@pcaky.org) or Sara Early Jenkins (searlyjenkins@pcaky.org).



**This summary report is just the first step for the Lean On Me Kentucky movement!**

Following this summary report, Prevent Child Abuse Kentucky, in collaboration with partners throughout the state, will be releasing an interactive toolkit. Stay tuned for the plethora of resources soon to be released in the toolkit!

\* Each of the responses recorded to each of the focus group questions have been attached. Any spelling or grammatical errors are that of the original respondent and are left to keep the integrity of the responses, as submitted by focus group participants.