

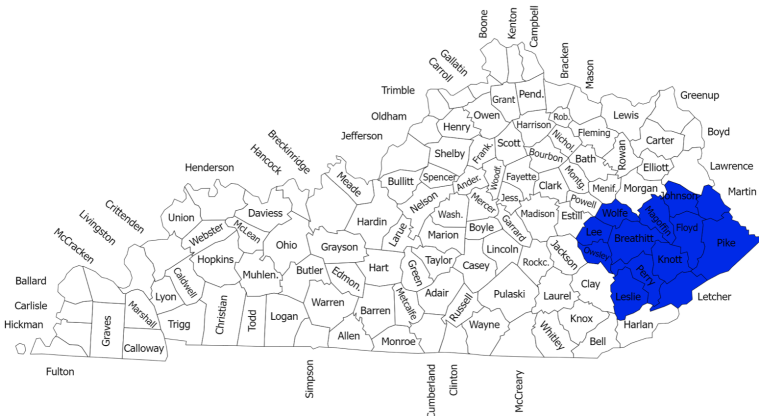
# Lean on Me Kentucky

## Focus Group Summary Report

# Eastern Mountain Region

**The Eastern Mountain Region Focus Group** was held on July 6, 2022 at 11:00 AM. Participants were recruited by Prevent Child Abuse Kentucky.

2 participants attended the focus group. Participants from the Eastern Mountain Region represented diverse experiences, cultures, and backgrounds. Many participants engaged throughout the focus group and 20 individuals completed the Survey Monkey after the focus group, resulting in 22 individuals' feedback reflected in this summary report.



Focus group participants were asked to respond to the following 6 questions:

- ✓ 1. What does community mean to you?
- ✓ 2. What can members of this community do to value, strengthen, and support parents and families?
- ✓ 3. What can members of this community do to respond when they see a family having a tough time?
- ✓ 4. What can members of this community do to help families make healthy and supportive connections?
- ✓ 5. It is important for children to interact in a positive way with others, understand and communicate their feelings, and regulate their behavior. How can members of this community help children develop these social and emotional skills?
- ✓ 6. What can members of this community do to connect families to available resources?

## Themes

Themes emerged throughout the narratives shared during our focus group questions and the Survey Monkey responses.

1. Support your community members in a way that makes sense for you
2. Create general and specific resource lists, reflective of the needs of each community
3. Work together, organize, engage, and be involved with knowledgeable community members who have a common goal of strengthening families



The Lean on Me Kentucky initiative was informed by comments we received from ten focus groups held throughout the state in 2022. Scan to read responses to these questions received from each focus group,

For questions regarding Lean on Me Kentucky or the data included in this summary report, contact Amanda Royer (aroyer@pcaky.org) or Sara Early Jenkins (searlyjenkins@pcaky.org).



**This summary report is just the first step for the Lean On Me Kentucky movement!**

Following this summary report, Prevent Child Abuse Kentucky, in collaboration with partners throughout the state, will be releasing an interactive toolkit. Stay tuned for the plethora of resources soon to be released in the toolkit!

\* Each of the responses recorded to each of the focus group questions have been attached. Any spelling or grammatical errors are that of the original respondent and are left to keep the integrity of the responses, as submitted by focus group participants.